

How it Works

The Standard Process Microbiome Test Kit is a two-part assessment of a patient's gut microbiome, which is derived from:

1. Patient's Answers to Lifestyle Questionnaire. The answers to a questionnaire that a patient completes when registering the at-home test. It provides information on his/her diet, lifestyle, supplement consumption, and overall health.

2. Gut Microbiome Analysis from Patient's Stool Sample. The patient's personalized microbiome profile is generated from BIOHM Health's next-generation 16S and ITS sequencing of bacterial and fungal populations in the stool.



WHY HAS STANDARD PROCESS PARTNERED WITH BIOHM?

- BIOHM has completed thousands of consumer gut microbiome tests
- Recognized expertise in bacterial and fungal interactions
- Uses the 16S and ITS rRNA sequencing for microbiome analysis — the gold standard for bacterial and fungal sequencing
- Validated and standardized testing methods used in 100+ research studies
- Easy-to-understand reports based on well-established research



High-Quality, Holistic Nutritional Supplements

At Standard Process:

We change lives with our whole food philosophy.

We grow ingredients on our certified organic farm in Wisconsin.

We're serious about quality.

We make products to support the health of the whole family.

We partner with health care professionals.

We've been trusted for generations. Our products have been changing lives since 1929.



TOGETHER, WE CHANGE LIVES.

Standard Process, Your Health Care Practitioner, and You



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Microbiome Test Kit

Powered by BIOHM®

Insights that promote a healthy lifestyle



Guidance for Good Gut Health

The intestinal microbiome plays a role in common health conditions. This has led to a growing interest in personalized microbiome analysis among health care practitioners and their patients.

Along with a healthy diet, quality supplements can play an important role in supporting digestive health. However, if not aligned with the needs of your patients, the potential health benefit(s) of these supplements may not be fully realized.

How can you help your patients get the proper supplements for their respective digestive health needs? By using the comprehensive **Standard Process Microbiome Test Kit**. The results of this proprietary test, together with the patient's self-reported answers to a Lifestyle Questionnaire, provide you with an assessment of their gut microbiome's diversity by identifying the amount of beneficial (good), pathogenic (bad), and neutral bacterial and fungal strains. It's the first step towards suggesting changes to your patients' supplements, diets, and habits to promote a healthier lifestyle.

By partnering with BIOHM Health — the premier company for comprehensive Gut Microbiome Testing — Standard Process is better able to help your patients balance their microbiome and promote a healthy lifestyle with our family of supplements and dietary insights.



What insight does the Standard Process Microbiome Test Kit provide?

Using bioinformatic analysis, the results are compared to the profile of a normal/healthy individual to provide insight as to whether your patient's individual gut microbiome is balanced or imbalanced ("Gut Report").

This Gut Report includes a proprietary gut profile score index ("Gut Score") between 1 and 10 for each patient. This Gut Score is a calculation from BIOHM Health that may help provide certain insights into the overall condition of your patient's gut microbiome. It is based on four criteria from the patient's microbiome data:

- Microbiome diversity
- Phyla balance
- The beneficial species
- The pathogenic species

